Hayesfield GIRLS' SCHOOL | MIXED SIXTH

Year 11

Support Booklet
Mock Exams 2026

Name

Tutor Group

Achieving ambitions

Dear Year 11,

You will have your Y11 Mocks for your GCSE subjects starting on the 9th November to the 20th November 2026.

We want you to do your very best in these mock exams and have created this booklet to help support you through the next few weeks of revision. It contains all the information you need along with some helpful hints and tips for you to become an Exam Ninja. There are even some revision timetable templates to help you organise your time efficiently!

These mock exams are another opportunity for you to have a proper exam experience. We have therefore arranged for the majority of your exams to be sat in the Sports Hall. If you qualify for Access Arrangements this will also give you the opportunity to trial these.

So that you have a smooth and successful mock exam period there are some exam rules/information that we need you to know. Please read the list below carefully and ensure that you have what you need. If you are having any problems in getting hold of anything e.g. a clear pencil case, then let your tutor or me know.

Being prepared is essential to your success so don't leave reading these until the day of the exam.

Key exam rules/information:



- Know your exam timetable – it's your responsibility to know when your exams are, and where they will be.
- Make sure you know what is being examined - ask your teacher.
- Use the resources on the GCSE Academic Support section of the website
- If you have Extra Time or an Access Arrangement e.g. a reader, then you will need to confirm the room you are in with Miss Chappell.
- All equipment in a **clear plastic pencil case/bag** - 2 pens (black). Pencil, ruler, rubber, Scientific Calculator (for Maths and Science). Get this organised in advance.
- Water only in **clear see-through bottle** (no labels)
- No coats in the exam room
- No tissues
- All mobile phones must be switched off and placed in bags
- Bags are not allowed in the exam room
- There will be **NO formal study leave**
- If you have no exams on one of the days, you will be expected in class as normal
- All absences will be followed up, so if you miss an exam, we will reschedule it for you

Good luck with all of your revision, believe in yourself and most importantly just try your best. If you need anything during this time, please come to see me at any time or pop me an email!

Mrs Newman
Director of Achievement Year 11

Revision for Year 11 Mocks

These exams are vital for your success in the summer

Mock Dates:

9th November – 20th November

Contact Information

Contact Details for all Heads of Faculty/Department at GCSE

Please contact the Heads of Faculty for any questions or concerns about specific subjects

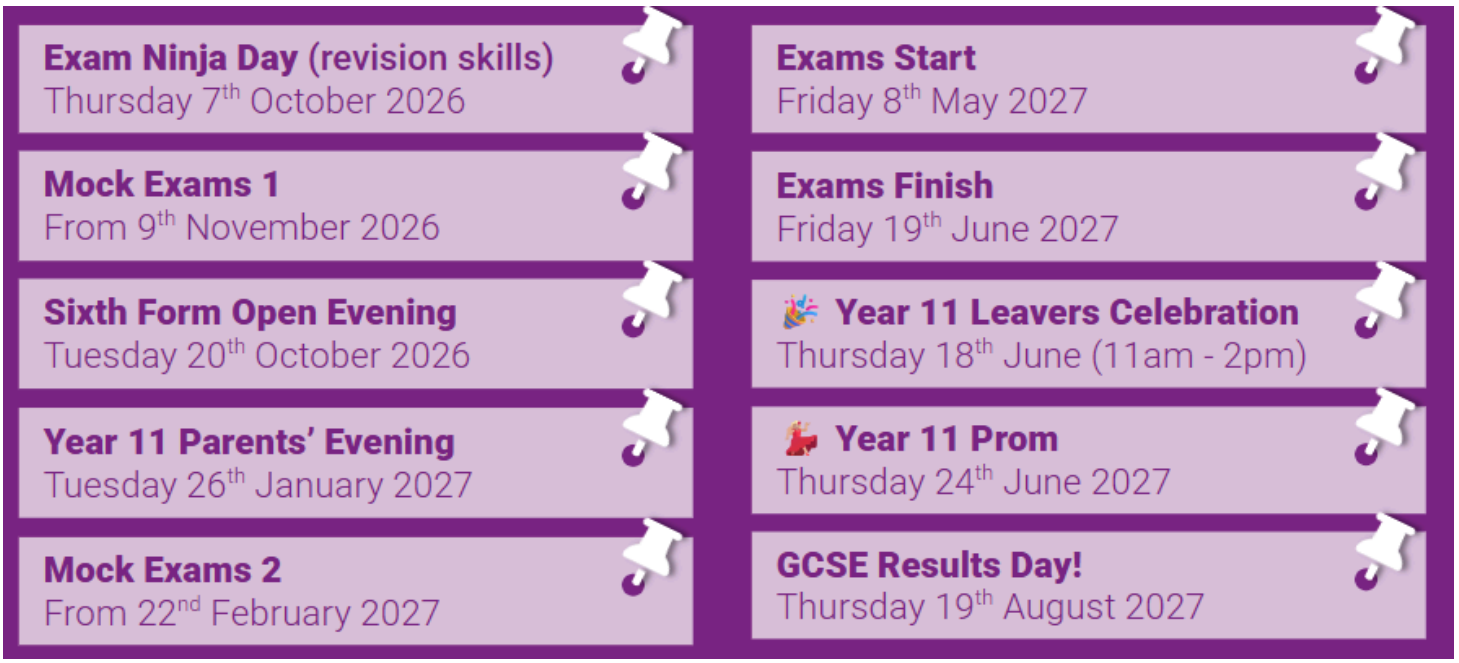
Miss E. Twohigg	Head of English	**elizabeth.twohigg@hayesfield.mnsp.org.uk**
Mr R. Holbrook	Head of Maths	**rob.holbrook@hayesfield.mnsp.org.uk**
Mrs E. Whatley	Head of Science	**emma.whatley@hayesfield.mnsp.org.uk**
Mrs L.Gillham	Head of Languages	**laurence.gillham@hayesfield.mnsp.org.uk**
Mr C Morgan	Head of Applied Learning, incl Computing, Business, Child Development	**christopher.morgan@hayesfield.mnsp.org.uk**
Mr R. Page	Head of Performance and Arts, incl. Drama & Dance	**roy.page@hayesfield.mnsp.org.uk**
Mr Weston	Head of Geography	**mark.weston@hayesfield.mnsp.org.uk**
Mr Jones	Head of History	**phillip.jones@hayesfield.mnsp.org.uk**
Mrs Wilson	Design & Technology, incl. Hospitality & Catering, and Textiles	**zoe.wilson@hayesfield.mnsp.org.uk**
Mr Lee	Art & Photography	**howard.lee@hayesfield.mnsp.org.uk**
Mrs Patterson	Philosophy & Beliefs incl HPQ	**mary.patterson@hayesfield.mnsp.org.uk**
Miss French	PE incl. Health & Fitness	**gemma.french@hayesfield.mnsp.org.uk**
Miss Blower	Sociology	**laura.blower@hayesfield.mnsp.org.uk**

Contact Details for the Pastoral Team

Please contact the Pastoral Team for any questions or concerns about general progress or pastoral issues outside of subjects

Mrs Newman	**Director of Achievement**	**leanne.newman@hayesfield.mnsp.org.uk**
Mrs Norris	**Pastoral Manager**	**alison.norris@hayesfield.mnsp.org.uk**

Key Dates for Year 11 in 2026-27



Supporting GCSE English Language

Course content for AQA English Language GCSE

Content Overview	Assessment
Paper 1: Explorations in Creative Reading and Writing (1 hour 45)	**Section A:** Reading one literature fiction text- **Reading (40 marks) (25%)** **Section B:** Descriptive or narrative writing- **Writing (40 marks) (25%)**
Paper 2: Writers' Viewpoints and Perspectives (1 hour 45)	**Section A:** Reading one non-fiction text and one literary non-fiction text- **Reading (40 marks) (25%)** **Section B:** Writing to present a viewpoint- **Writing (40 marks) (25%)**
Non-exam Assessment: Spoken Language	Marked by teacher as a separate endorsement with **0%** weighting of GCSE Assessment of: ● presenting skills ● responding to questions ● use of Standard English

What do students need to do to succeed?

- To complete homework and classwork to the best of their ability
- Read 19th century fiction including non-fiction
- Read, read and read- generally and for pleasure including periodical and magazines
- Remain positive and ask for help if needed
- Keep her exercise books organised and up to date

Recommended revision guide

- CGP English GCSE Revision Workbook
- SENECA tasks

On-line study aids

- **GCSE Bitesize:** reading and writing.
- **SAM Learning**: suitable activities
- **GCSE Pod:** bite size chunks of great information
- **Seneca Learning**

Further support available

- English Google Classroom
- PLCs (Personal Learning Checklist)
- Leap English Support
- English Office
- Easter and May Half-Term revision support days in Year 11

Supporting GCSE English Literature

Course content for AQA English Language GCSE

Content Overview	Assessment
Paper 1: Shakespeare and the 19th Century Novel (1 hour 45)	A question with extract on Shakespeare - 30 marks + 4 SPAG A question on the 19th –Century Novel – extract based 30 marks
Paper 2: Modern Texts and Poetry (2 hours 15)	A question on Modern Texts – 30 marks + 4 SPAG A question on AQA Anthology Poetry – 30 marks 2 questions on Unseen Poetry – 24 + 8 marks

Literature Texts – Your daughter will study one text from each list:

Shakespeare	19th Century Novel	Modern Texts
Macbeth	A Christmas Carol – Charles Dickens	An Inspector Calls – Priestley

What do students need to do to succeed?

- To complete homework and classwork to the best of their ability
- Read all the texts more than once have a clear ownership of each text in the exam
- Read the texts as a family and discuss themes, characterisation as well as enjoyment
- Learn something of the context in which these texts were written
- Remain positive and asks for help if needed
- Keep her folder organised and up to date

Recommended revision guide

There are Revision Guides for all the texts studied available through Arbor at a reduced rate

On-line study aids

- GCSE Bitesize: reading and writing
- Revision workbooks from school: suitable task and exam practice.
- CGP English GCSE Revision books: support on skills and key terms
- Spark Notes: support with the literature texts we will be studying
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Further support available

- English Google Classroom
- PLCs (Personal Learning Checklist) that can be found on the school website through GCSE Support Link
- LEAP English Support
- English Office

Supporting GCSE Maths

Course content for Edexcel Maths GCSE

Content Overview	Assessment
The exam will cover the following content headings: 1 Number 2 Algebra 3 Ratio, proportion and rates of change 4 Geometry and measures 5 Probability 6 Statistics The content outlined for each tier will be assessed across all three papers.	• Paper 1 (1h30m) Non-calculator – 80 Marks • Paper 2 (1h30m) Calculator – 80 Marks • Paper 3 (1h30m) Calculator – 80 Marks • Any topic can be assessed in any paper and may be assessed more than once • Higher Tier- Grades 9 to 4 • Foundation Tier- Grades 5 to 1 The tier of entry in only finalised in January of Year 11, after the November mock

What do students need to do to succeed?

- To complete homework and classwork to the best of their ability
- If they get stuck on their homework, past papers or revision get help from your teacher, friends, use the internet, revision guides or ask their family
- Maintain a "little and often" approach to revision – starting now!
- Don't shy away from tackling the topics they find more challenging
- Keep an eye on the school bulletin for any offers on revision resources

Recommended revision guide

Pearson Revision Guide and Workbook

On-line study aids

MET website and Maths Portal: https://met.midsomernortonschoolspartnership.com/

MathsWatch: https://vle.mathswatch.co.uk/vle/

• Centre ID: hayesfield
• Username: 'school username'@hayesfield
• Password: Hayesfield1 (Capital H)

Maths Genie – Past Paper questions organised by topic with YouTube tutorial videos

- **https://www.mathsgenie.co.uk/gcse.html**

Further support available

- Maths Google Classroom
- LEAP Maths Support
- PLCs (Personal Learning Checklist)
- Maths Faculty Website: **http://www.hayesfield.com/index.php/mathematics-and-computing-faculty/**

Supporting Your Daughter in Her GCSE Science

Course content for AQA Combined Trilogy GCSE and AQA Separate Sciences GCSEs

Content Overview	Assessment
AQA Combined Science GCSE - Trilogy Qualification (2 GCSE equivalent) **Biology** ● Topics 1 - 4: Cell biology; Organisation; Infection and response; and bioenergetics ● Topics 5 - 7: Homeostasis and response; Inheritance, variation and evolution **Chemistry** ● Topics 8 - 12: Atomic structure and the periodic table; Bonding, structure, and the properties of matter; Quantitative chemistry; Chemical changes; and Energy changes ● Topics 13 - 17: The rate and extent of chemical change; Organic chemistry; Chemical analysis, Chemistry of the atmosphere; and Using resources **Physics** ● Topics 18 - 21: Energy; Electricity; Particle model of matter; and Atomic structure ● Topics 22 - 24: Forces; Waves; and Magnetism and electromagnetism	**6 written exams** (2 Biology, 2 Chemistry & 2 Physics). Each paper is a written exam: 1 hour 15 minutes (70 marks). 2 Tiers: Foundation and Higher Each paper is worth 16.7% of a GCSE
AQA Separate Sciences- (3 separate GCSEs) **Biology** ● Topics 1 - 4: Cell biology; Organisation; Infection and response; and bioenergetics ● Topics 5 - 7: Homeostasis and response; Inheritance, variation and evolution **Chemistry** ● Topics 1 - 5: Atomic structure and the periodic table; Bonding, structure, and the properties of matter; Quantitative chemistry; Chemical changes; and Energy changes ● Topics 6 - 10: The rate and extent of chemical change; Organic chemistry; Chemical analysis, Chemistry of the atmosphere; and Using resources **Physics** ● Topics 1 - 4: Energy; Electricity; Particle model of matter; and Atomic structure ● Topics 5 - 8: Forces; Waves; Magnetism and electromagnetism: and Space Physics	**2 exams per subject.** Written exam paper: 1 hour 45 minutes (100 marks). Each paper is worth 50% of the GCSE for that subject

What do students need to do to succeed?

- Complete homework and classwork to the best of their ability
- Use the PLCs on the website to confirm what it is they need to know
- If they get stuck on their homework, past papers or revision get help from their teacher, friends, use the internet, revision guides or ask their family
- Learn subject terminology and get used to using it with confidence
- Make sure they listen and take notes in every lesson especially when looking at formulas

Recommended revision guide

All Science Revision guides available through ParentPay

On-line study aids

- **SenecaLearning** – revision activities and practice questions
- **GCSE Bitesize** – revision activities and quizzes
- **Mygcsescience.com** – revision activities and quizzes

Further support available

- Biology, Chemistry and Physics Google Classrooms
- PLCs (Personal Learning Checklist) that can be found on the school website

Supporting GCSE Languages

Course Content for AQA French/Spanish GCSE

Students study all of the following themes on which the assessments are based.
Theme 1: People and Lifestyle
Theme 2: Popular Culture
Theme 3: Communication and the world around us

Content Overview	Assessments	Timing
Listening	**Foundation** (Grades 5-1) 25% of the total qualification. **Higher** (Grades 9-4) 25% of the total qualification.	35 minutes. 45 minutes.
Reading and Translation	**Foundation** (grades 5-1) 25% of the total qualification. **Higher** (grades 9-4) 25% of the total qualification.	45 minutes. 60 minutes.
Speaking	**Foundation** (grades 5-1) 25% of the total qualification **Higher** (grades 9-4) 25% of the total qualification.	7-9 minutes. 10-12 minutes. Plus prep time
Writing and Translation	**Foundation** (grades 5-1) 25% of the total qualification **Higher** (Grades 9-4) 25% of the total qualification	70 minutes. 75 minutes.

What do students need to do to succeed?

- Use their language as often as possible- reading, listening and speaking
- Get involved in lessons- practise and keep be confident speaking around others
- Learn vocabulary in their language- as much as possible
- Stay positive and keep aiming to improve at all times
- Watch Spanish/French television or films
- Complete homework and classwork to the best of their ability
- If they get stuck on their homework, past papers or revision get help from your teacher, friends, use the internet, revision guides or ask their family
- Keep their work organised and clear so that they can use this effectively for revision

Recommended revision guide

We would ask that you **purchase** the Pearson AQA revision workbook for your daughter available from Amazon. We will use this workbook as part of her revision programme in Y11.
French French Revision Workbook Link
Spanish: Spanish Revision Workbook Link

Optional: If you wish for even more independent support, we would also recommend this book that incorporates vocabulary, model answers and exam questions. French / Spanish

On-line study aids

- https://www.memrise.com/login/
- https://www.quizlet.com
- www.linguascope.com: Username: hayesfield/ Password: tacobaguette!!
- https://www.bbc.co.uk/bitesize/examspecs/zp838p3 or https://www.bbc.co.uk/bitesize/examspecs/zjgpg2p

Further support available

- Languages Google Revision classroom - French / Spanish

- Languages clinic - dates will be displayed in BH open learning area

Supporting GCSE History & Geography

Course content for AQA History GCSE

Content Overview	Assessments
Conflict and Tension, c1918-39 Germany, c1890-1945: Democracy and Dictatorship	**Paper 1: 2 hours - 50%**
Health and the People, c1000 - present day Elizabethan England, c1568-1603	**Paper 2: 2 hours - 50%**

Course content for OCR Geography B GCSE

Content Overview	Assessments
Global Hazards Changing Climate Distinctive Landscapes Sustaining Ecosystems Fieldwork	**Paper 1: Our Natural World(01)** **1 hour 30 minutes- 35%** **Practice assessment in November Mock 1**
Urban Futures Dynamic Development UK in the 21st Century Resource Reliance Fieldwork	**Paper 2: People and Society (02)** **1 hour 30 minutes- 35%** **Practice assessment in February Mock 2**
Geographical Skills Decision Making Exercise	**Paper 3: Geographical Exploration (03)** **1 hour 30 mins- 30%** **Practice assessment in Y10 exam and revisited in Term 5 of Y11**

What do students need to do to succeed?
- Expect students to be doing homework every week (much of their homework is research based – we call this *flipped-learning*)
- Visit historical sites – Tudor sites support the 'historic environment' element of Elizabeth I unit in History
- Use support material for Geography key terms and case studies on Quizlet
- Talk to Humanities staff if they have any concerns, queries, etc.
- Take highly effective notes throughout so that revision becomes much easier in preparation for the GCSE

Recommended revision guide
Purchase copies of History and Geography revision guides- available through ParentPay

On-line study aids
- SAM Learning: Subject self-testing activities
- GCSE Pod: Bitesize chunks of information for both subjects
- SENECA Learning: Self-testing activities
- Google classroom has lots of notes and revision resources to support your learning

Further support available
- History and Geography revision resources on Google Classroom
- PLCs (Personal Learning Checklist) found on the school website through GCSE Support Link
- LEAP Geography (from term 2) and History Support sessions Monday and Wednesday

Supporting GCSE Sociology

Course Content for AQA Sociology

Content Overview	Assessments
• Families • Education • Research Methods	Paper 1: The Sociology of Families and Education (with Research Methods) 100 marks, 1 hr 45 mins 50% of GCSE (November 2026 mock exam paper)
• Crime and Deviance • Social Stratification • Research Methods	Paper 1: The Sociology of Crime and Deviance and Social Stratification (with Research Methods) 100 marks, 1 hr 45 mins 50% of GCSE (Spring 2027 mock exam paper)

What do students need to do to succeed?

- Keep up with all homework and classwork
- Catch up any missed work using lesson resources on Google Classroom
- Talk to Miss Blower if there any concerns or worries
- Attend after-school revision sessions (Monday in U11) if extra support is needed e.g. with exam technique and revising key content
- Revise effectively for all assessments following the DTTR process

Recommended revision guide

- There is no specified recommended revision guide to be purchased for GCSE Sociology - all necessary revision materials will be provided (e.g. in class, on Google Classroom)
- The Collins revision guide and workbook is useful (Miss Blower has some copies if this is too expensive for any students)

On-line study aids

- Seneca Learning (revision materials and quizzes)
- Google Classroom class page and the GCSE Sociology revision central Google Classroom page
    - Class code for GCSE Sociology revision central page: emi6vkx

Further support available

- After-school revision sessions (Monday in U11)
- Contact Miss Blower at: laura.blower@hayesfield.mnsp.org.uk

Supporting Hospitality and Catering

Course Content for WJEC Level ½ Award in Hospitality & Catering

Content Overview	Assessments
➔ Hospitality and catering provisions ➔ How hospitality and catering provisions operate ➔ Health and safety in hospitality and catering ➔ Food safety in hospitality and catering	Unit 1: The hospitality and catering industry Written examination: 1 hour 20 minutes (80) marks 40% of qualification (February 2027 mock paper)
➔ The importance of nutrition ➔ Menu planning ➔ Skills and techniques of preparation, cooking and presentation ➔ Evaluating cooking skills	Unit 2: Hospitality and catering in action Controlled assessment: 12 hours (120 marks) 60% of qualification January - March 2027 (Controlled assessment)

What do students need to do to succeed?

- Talk to Miss Jefferies if you have any worries or concerns
- Attend after-school revision sessions (Wednesday in BT1) if extra support is needed with exam technique and revising key content
- Revise regularly and effectively for all assessments following the DTTR process
- Be organised, keep lesson folders complete and catch up on any missed work/homework through Google classroom
- Develop strong practical cooking skills through after school sessions (Wednesday in BT1) and at home to demonstrate: knife skills, cooking methods, use of equipment, time management, hygiene and safety and presentation skills

Recommend revision guide

- Students have already purchased the revision guide and exam practice workbook at the start of year 10.
- The book titles and link are below for your reference:
- WJEC Eduqas Level 1/2 Vocational Award in Hospitality & Catering: Revision Guide with Online Edition:
- WJEC Eduqas Level 1/2 Vocational Award in Hospitality & Catering: Exam Practice Workbook:https://www.cgpbooks.co.uk/

An additional purchase that may be useful for students is the revision question cards. These can be purchased through the CGP books website, linked here:

- Hospitality and Catering exam revision, Google Classroom page. Class code:: zyqiianv
- DTTR Hospitality and Catering **revision map:**

Further support available

- After school revision sessions (Wednesday in BT1)

All Your Subject Teachers can help you with revision.

Make sure you have joined your subject Google Classroom for Revision.

Make sure you know where to find your subject DTTR documents

All revision should include:

Diagnose	Find things they don't know	PLC's, low stakes assessments
Therapy	Act to fill the gaps	Revision strategies
Test	See if it has worked	Assessment (any form)
Revisit	See if it stuck (later on)	Interleaving, repetition



If students follow this pathway they will see progress, students will retain the knowledge needed for their assessments.

Remember to ask for help and know that you are in safe hands. Your teachers have many years experience of helping students achieve their best.

All we ask is that you try your best!

Online Academic Support and Resources

Website link:
https://www.hayesfield.com/academic/ks4-curriculum/year-11-exam-information-support/

Visiting this URL directs you to our Revision Portal, offering extensive subject materials and guidance.



The GCSE Support Section features several dedicated areas:
1. Exam Schedules
- Detailed Exam Timetables
- Portal Link for Examinations
- Year 11 Holiday Revision Program

2. Crucial Documentation - Presentations and guidance from information events

3. Awarding Bodies and Materials

4. Exam Board Links and Course Specifications

5. External Study Websites

6. Revision Aids, including Wellbeing guidance covering Healthy Sleep and Nutrition via PiXL Prepare to Perform

Our **Year 11 Information Hub** serves as a valuable platform for parents, offering full syllabus details. Students should also routinely check Google Classroom for each subject, where key updates and study materials are regularly uploaded. Access this page at https://www.hayesfield.com/day-to-day/



Staying calm, feeling good, being effective

This booklet is designed to help you develop strategies to cope with the exam period, so you are fully prepared to perform at your best.

Managing a busy life when you are studying can be challenging but there are many areas which you can control to help you perform better when it comes to exam time.

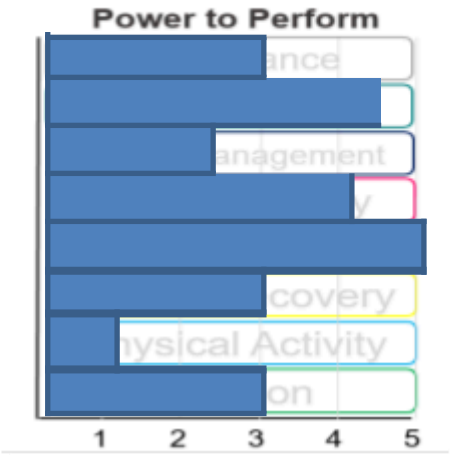
This booklet will explain each area and allow you to focus, set yourself a plan and work towards being prepared in the best possible way. Making time for each area can have an impact on your energy levels and both your physical and mental wellbeing.

How performance ready are you?

Complete the chart below by colouring in the areas in each section to see where you currently are for each area. 1 is the lowest and means you really need to improve in this area. 5 means you are really happy and feel like you are doing everything you can to perform at your best.



Example



All hard work is represented in a performance, whether it's an athlete competing at the biggest event of their career, or a student taking an exam. There are so many things that influence a performance and in order to be the best we can be, many of these things have to be worked on.

The 6 P’s

Prior Preparation and Planning Prevents Poor Performance!

Plan it

Create a realistic schedule prior to your exams. Ensure you are still making time for regular breaks and activities which you like to do. If your initial schedule isn’t working, CHANGE IT! This might need to change each week as you may have different commitments.

Pace it

Start thinking about how often you would like to revise and how long for. Also ensuring you are beginning your revision early enough and preparing for the exams which start first. Remember, revision in short bursts is best.

Preferred learning style

Tailor your revision to your preferred learning style. Everyone is different so find what works best for you.

Place it

Set up a nice, quiet space to work on the lead up to exams. Try to keep this away from your bedroom as we don't want to mix the two. Make sure you have all your equipment and your timetable ready in this space.

Prepare your body

Look after yourself during this time. Drink plenty of water, eat well and remember to get lots of sleep!

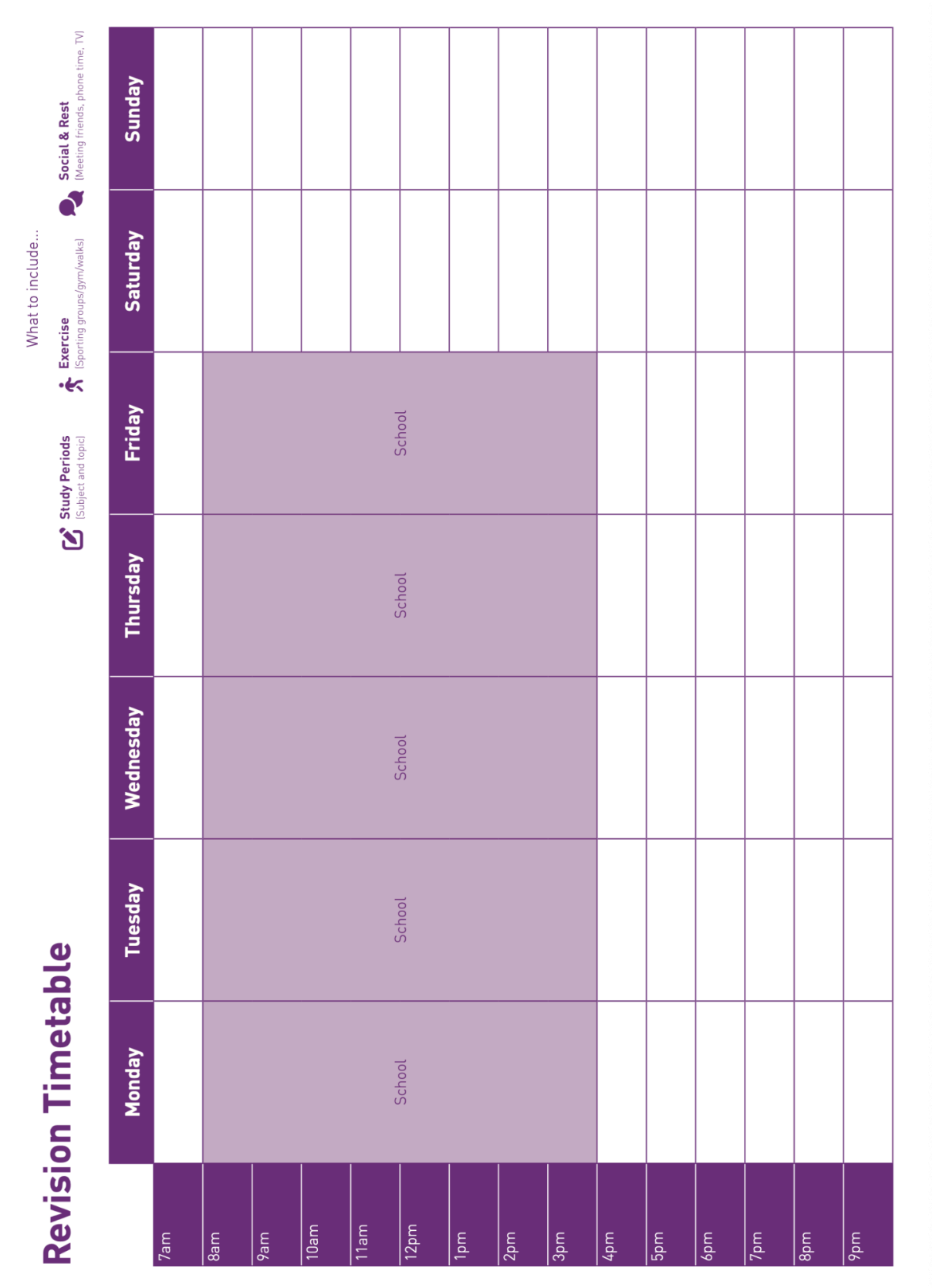
Prepare your mind

Make use of mental health apps and try some breathing techniques to manage your anxiety during this time. Don't forget to talk things through with your family, friends and teachers.

Revision Timetable (Copies at BH Pastoral Office)

Use a revision timetable like the template below to plan your time, including revision, homework, social time and exercise.

Being organised will help you feel more in control and help reduce stress.

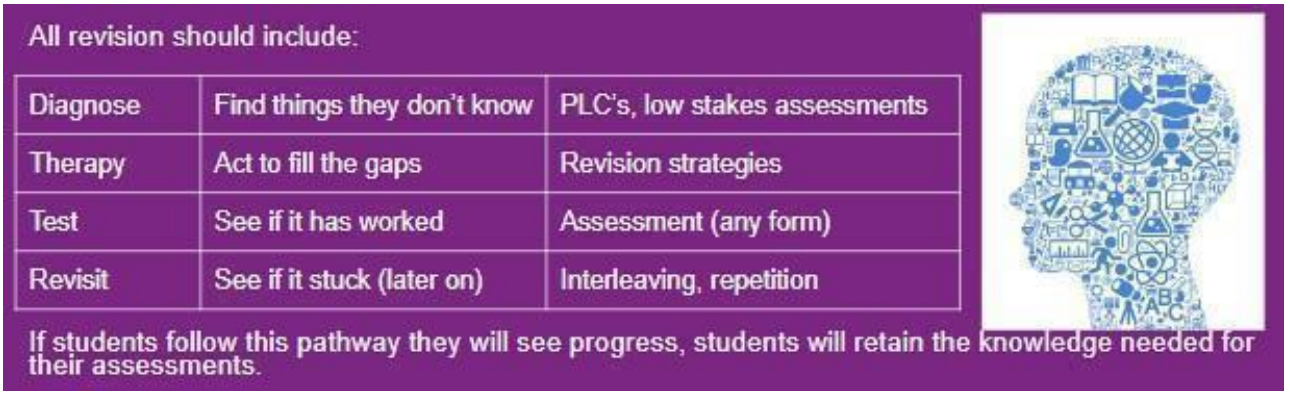


Revision Strategies - DTTR

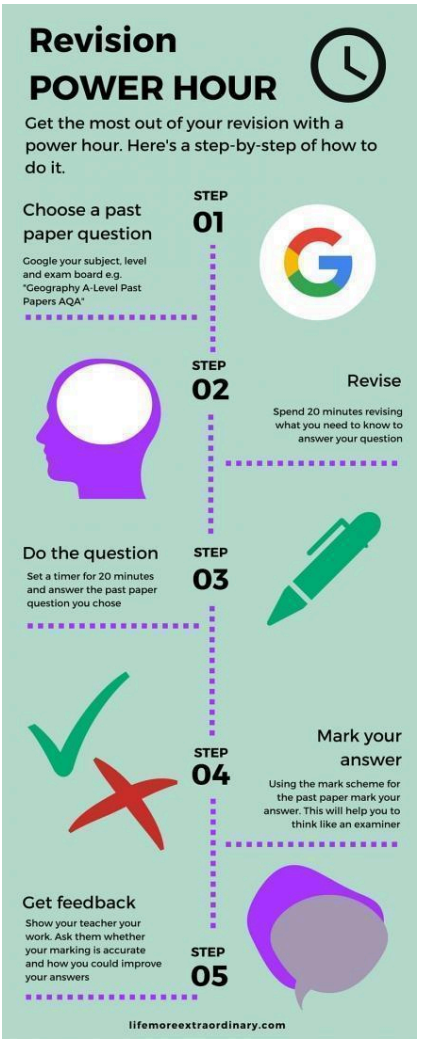
"Consistently good revision leads to outstanding results"

What is DTTR?

DTTR is a revision strategy that focuses on supporting you to develop your knowledge retention through routine. By following the four simple steps you will be able to identify what knowledge you need to develop (Diagnose), get support to help develop an understanding of the knowledge gaps (Therapy) and will then be able to complete assessments to see if it has worked (Test). The final stage will involve continually revisiting problem topics to see if the knowledge has stuck (Revisit).







STAY MOTIVATED

Check out our top tips for staying motivated for the new academic year!



gcsepod
education on demand

1 CREATE A STUDY ROUTINE

By nature, we're creatures of habit. If you find it difficult to motivate yourself to study, this tip may be beneficial to you.

2 SET ATTAINABLE GOALS

Whether you set yourself a time goal or an amount of work to complete, it is important to challenge yourself.



3 STUDY IN SHORT BURSTS

You are more likely to retain information from short bursts of learning as your attention will be increased.

4 REVIEW YOUR RESULTS

Reviewing your results is important to check where you have gone wrong and to keep away from similar mistakes in the future. it's also an essential motivating factor to see how much you have improved.

5 EXERCISE

Exercise is a great way to motivate yourself, impacting attitude, cognitive skills and classroom behaviour.

6 INSPIRE YOURSELF

Post reminders and inspriational quotes in prominent places about what you want to achieve.



7 DON'T COMPARE YOURSELF TO OTHERS

Don't try to compare yourself with others and try to focus on your own results and how you can improve them.

8 GET ENOUGH SLEEP

Make sure you get enough sleep, ideally 7-9 hours every night. This will help to encourage a relaxed and well-rested mind and body.

9 REWARD YOURSELF

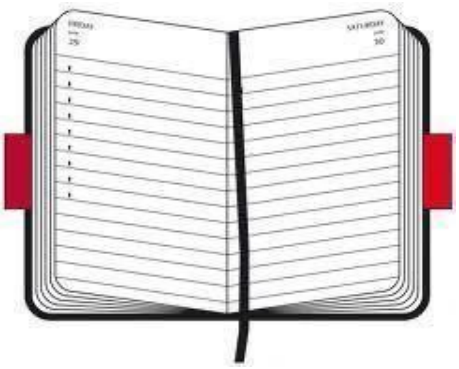
Every time you complete one or two chunks, reward yourself with a short period of relaxation. Rewarding yourself with short and enjoyable breaks is a key part of the "chunking down" technique.

10 FOCUS ON PROGRESS

Focussing on progress rather than the result will help encourage motivation. If you get this process right, the results will follow.

11 MAKE A 'BORING' SUBJECT INTERESTING

It's very unlikely that you're going to enjoy all subjects, so for those you find the least interesting, try learning the subject in a different way to encourage enthusiasm.



Use a revision timetable to **plan your revision**. Remember to block out your prior commitments first and then add in your time for revision.



Talk to your parents; make sure they understand that you need to revise over the weekends. If family events or activities are planned for you, mark them on your revision plan and schedule your revision for other times.



Make sure everyone else in your household knows you are revising and you **should not be disturbed**. You need to be able to concentrate and you will need space to do your work.

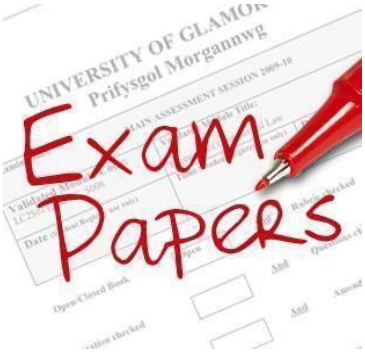


Make sure you have all the **equipment** you need. Have you got all the right revision lists? Do you have the textbooks and revision guides you need? Do you know how to log onto all online resourcs?

Get a copy of the **specification** (syllabus) for each of your subjects. These can all be found on the school website. You need to know which Awarding Body (exam board) each subject uses. Ask your teachers. The Awarding Body websites are very helpful. Spend some time having a look at them and see what they have to help you.

Use the specification as **a list** of everything that you should know. Put a line through sections of your specification you are happy with and write additional notes in its margin. By the time of your exam, your specification should look battered and well-used!





Past papers are vital for revision and they can be found on the Awarding Body websites for most subjects – make sure you know how to do this, and you have access at home. If you cannot get to papers from home, you will need to download them in school.

Practise with the papers and use the mark schemes to mark them. This way, you can find out exactly what the examiners are looking for. Also, there are only so many questions you can be asked—if you look at enough past papers, you will have seen them all.

For some subjects there are **excellent websites** such as PiXL, 'mathswatch', 'sam-learning', GCSE Pod etc. Make sure you know all the passwords you need to access the different websites.



The school website also has some excellent information. Look under the GCSE Academic Support section for Personal Learning Checklists, Exam Information, Help Sheets etc

https://www.hayesfield.com/academic/ks4-curriculum/year-11-exam-information-support/



The maximum amount of time that you can concentrate for is around 40 minutes.

Set realistic targets for each session and stop to reward yourself when you achieve them

Do something positive with your non - revision time. The more you can switch off from your work the more you will learn when you return to it.

- If you've been revising for **less than 20 minutes** your break should be **2 minutes or less**
- **20 - 30 minutes = 5 minutes break**
- **30 -60 minutes = 5 - 10 minutes break**
- If you have completed a total of 3 or more hours revision in one day you can award yourself with a **45 – 60-minute break!**

However, these are just guidelines also listen to what your body needs!

Useful Websites

Hayesfield Girls School **http://hayesfield.com**

AQA **http://web.aqa.org.uk**

EDEXCEL **http://www.edexcel.com**

WJEC **http://www.wjec.co.uk**
OCR **http://www.ocr.org.uk**

BBC **Schools http://www.bbc.co.uk/schools/websites/11_16**
BBC **Bitesize http://www.bbc.co.uk/schools/gcsebitesize**

GCSEPod PiXL **https://students.pixl.org.uk** (School Number: 103676 Password: Indep98)
PiXL History App
PiXL Geography App
PiXL Maths App
Maths Watch **http://mathswatch.co.uk**
Sparx Maths **www.sparxmaths.com**

SAM Learning **https://www.samlearning.com**
Memrise.com **https://www.memrise.com**

The Year 11 Exam Information and Support page has lots of useful information on it for you. Go to the school website and type in Year 11 Exam Information and Support in the search bar.

KS4 CURRICULUM

Year 11 Exam Information and Support

You will find advice and support on how to revise, updated information from the exam boards, plus a range of resources to support the revision process. These include academic support and links to wellbeing information.

Year 11 PIE | Curriculum Booklets | PLCs | How to Revise | Mathematics Expertise Tower

Year 11 GCSE Exam Overview 25/26 | Year 11 Exam & Revision Plan 2025-2026 | Permission to Collect a Candidate Results Form

What does Anxiety feel like?

Anxiety is the feeling of fear or panic. Most people feel anxious, panicky or fearful about situations in life, such as family problems or exams, but often once the difficult situation is over you feel better and calmer.

Sometimes you may feel anxious after the difficult situation and this is when anxiety becomes a problem and can affect you doing every day things.



Feeling anxious? You could try...



taking some big, deep breaths



not drinking caffeine (especially energy drinks)



listening to music (calming music)



being in the moment (focus on right now)



grabbing a snack (a healthy snack)



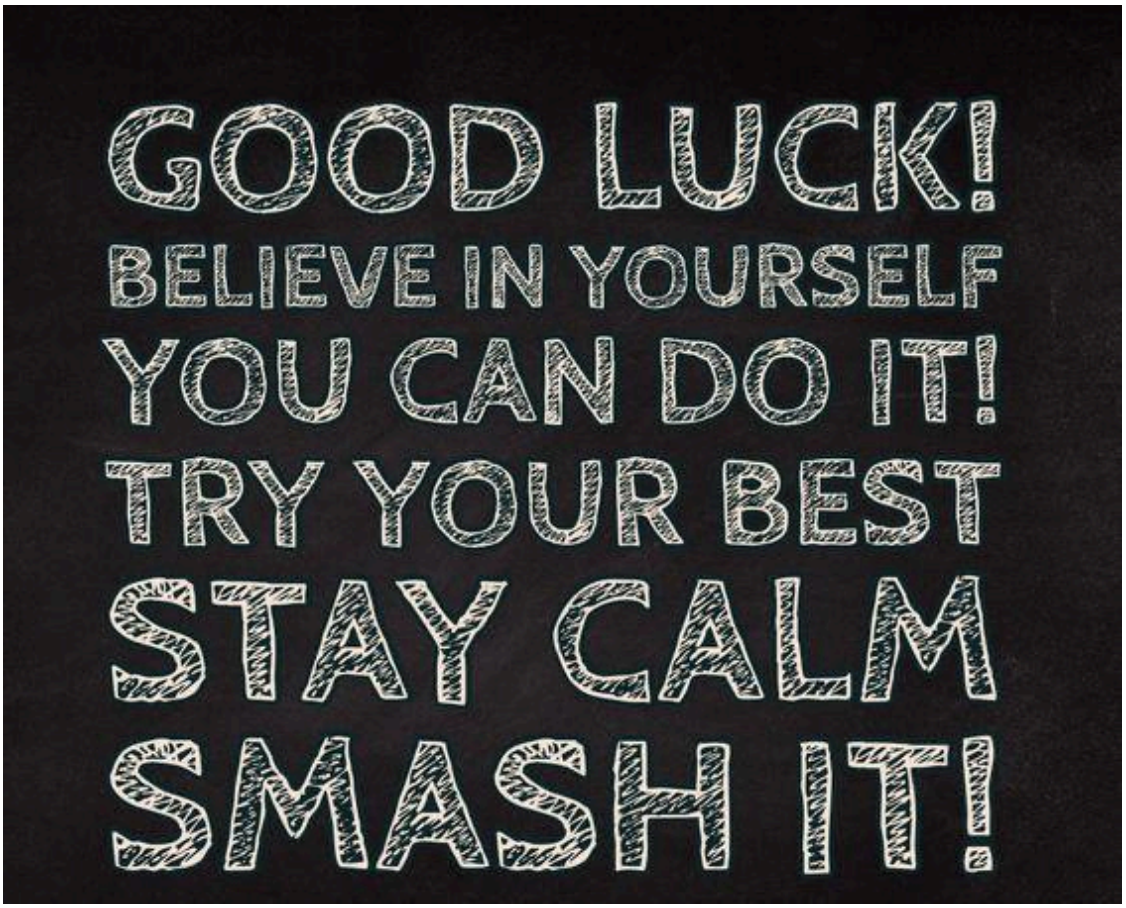


IT'S O.K TO BE NOT O.K!

IF YOU'RE HAVING MENTAL HEALTH PROBLEMS, YOU'RE NOT ALONE. 1 IN 4 OF US WILL HAVE PROBLEMS WITH OUR MENTAL HEALTH AT SOME POINT IN OUR LIVES.

Still feeling anxious?
You may find it useful to speak to a doctor.

www.doodle.ac
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GOOD LUCK!
BELIEVE IN YOURSELF
YOU CAN DO IT!
TRY YOUR BEST
STAY CALM
SMASH IT!

