GCSE PE Paper 1: 1 hour of revision

Hayesfield GIRLS' SCHOOL | MIXED SIXTH

Diagnose the gap in your knowledge

1.	Start with **either** a PLC *or* your **most recent assessment.** **Identify one topic** which you need to focus on *(for example: The structure and functions of the skeletal system, the structure and function of the cardio-respiratory system, Aerobic and anaerobic exercise.*	05 MIN
2.	**Brain dump** - What do you remember about this topic? Write down **everything** that you associate with this topic, *e.g. 13 muscles of the body,* The cardiac cycle and the pathway of blood, Definition of the terms. Make it messy - a list or mindmap.	05 MIN

Therapy - fix the gaps with revision strategies

3.	**Revise this topic** using one of the strategies below (or anything else that works): • Go through the lesson on Google Classroom and identify up to 5 key pieces of information to remember - write them down, cover them up and write them down again to see what you remember • Everlearner quizzes • Make flashcards on this topic using the Leitner system: have one or two questions on one side and bullet-pointed answers on the other side. • Go through your flashcards - test yourself or get someone else to test you	20 MIN

***TAKE A BREAK!** Go outside, get a drink of water, say hello to your pet* = **5-10 minutes**

Test to see if it has worked

4.	Find an exam question that relates to the topic, using the "every past paper question" documents on Google Classroom. **Answer the exam question without your notes and under timed conditions.**	15 MIN

Revisit and review to build on feedback

5.	Read through the mark scheme (accessible on the AQA website) and **purple pen your answer** - *what did you miss/forget?* Give the question to Miss Tillson for **teacher feedback**	05 MIN

GCSE PE Paper 2: 1 hour of revision

Diagnose the gap in your knowledge

1.	Start with **either** a PLC *or* your **most recent assessment.** Identify **one topic** which you need to focus on *(for example: Factors affecting participation, Commercialisation, Ethics in sport.*	05 MIN
2.	**Brain dump** - What do you remember about this topic? Write down **everything** that you associate with this topic, *e.g. 5 Social groups,* 12 factors which affect participation, The media, sponsor, sport, performer, officials, PED's and their impact on performance. Make it messy - a list or mindmap.	05 MIN
3.	**Revise this topic** using one of the strategies below (or anything else that works): • Go through the lesson on Google Classroom and identify up to 5 key pieces of information to remember - write them down, cover them up and write them down again to see what you remember • Everlearner quizzes • Make flashcards on this topic using the Leitner system: have one or two questions on one side and bullet-pointed answers on the other side. • Go through your flashcards - test yourself or get someone else to test you	20 MIN

Therapy - fix the gaps with revision strategies

TAKE A BREAK! *Go outside, get a drink of water, say hello to your pet* = **5-10 minutes**

Test to see if it has worked

4.	Find an exam question that relates to the topic, using the "every past paper question" documents on Google Classroom. **Answer the exam question without your notes and under timed conditions.**	15 MIN

Revisit and review to build on feedback

5.	Read through the mark scheme (accessible on the AQA website) and **purple pen your answer** - *what did you miss/forget?* Give the question to Miss French for **teacher feedback**	05 MIN